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Blood Oxygen Monitor Devices

Your finger clip Sp02 / blood oxygen monitor will look like one of these (or similar), it is is used to measure the oxygen in your blood.
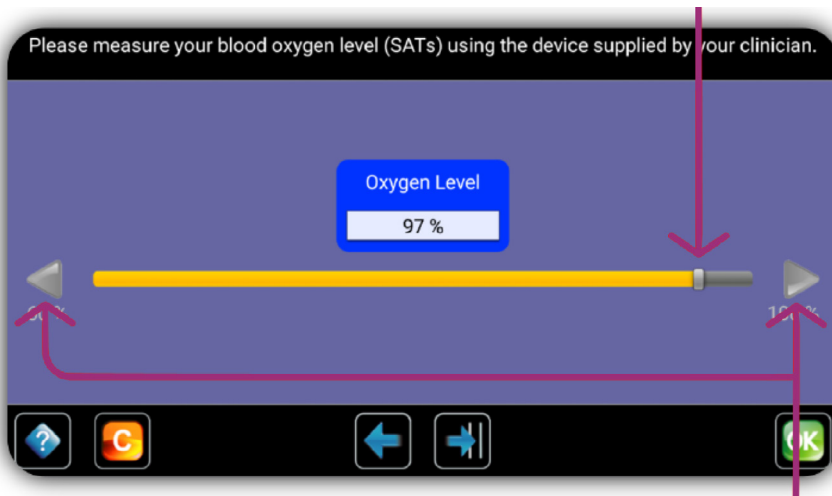
Taking blood oxygen levels

1. Rest for at least 15 minutes before taking blood oxygen levels (SpO2)
2. When the question arises that prompts for blood oxygen levels, pick up the blood oxygen monitor that has been provided
3. Place the blood oxygen monitor on the middle finger of either hand as instructed. The monitor will automatically display the measurement

Recording blood oxygen levels

4. To accurately enter the measurements:
   • Drag the grey slider up or down the yellow bar

**TIP:
Write down the measurement as the monitor may turn off!**

   • Tap grey arrows at either end of the yellow bar

5. When the correct measurement is shown, press

For technical assistance call 01372 899031

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